OPTION 1 MENU (Cool drinks are dependent on the client)

Breakfast: Pre-packed (Grab and go)breakfast includes 1 banana,1 apple,1 small danone yogurt ,1 fruit juice, crossant with Lettice, cheese, grilled bacon,2X fried eggs, tomato (per person)

Lunch: Chicken /Beef burgers served with chips **Vegan/Vegetarian**: Veggie burger with chips

Dinner: Jasmine Rice, Pap, Junior T-bone steak with sautéed onions, Grilled bbq chicken thigh, mogodu, seasonal garden vegs with gravy **Vegan/Vegetarian**: Grilled hake with lemon butter sauce

Salads: Beetroot, Coslaw, Greek Salad

OPTION 2 MENU Dish and Seat down option

Breakfast Full Buffet: Boiled eggs, scrambled eggs, hash browns, fish cakes, Cheese grillers, grilled bacon, Boer wors hot pot, baked beans ,option for (rye ,brown, white and gluten free bread) 1 fruit juice .Fruit salad with plain yougurt also available

Lunch Full Buffet: Hearty beef stew with Pearls onions with young carrots, Cajun spiced roasted chicken pieces, Basmatic rice, macaroni and cheese, seasonal veg would be Summer panzanella salad with chickpea, tomato ,basil, mozzarella with toasted ciabatta **Vegan/Vegetarian**: Veggie/Fish Briyani with mushroom and chickpea rozotelle vegs

Salads: Tomato and cucumber salsa salad

Dinner Full Buffet: Chicken/beef shawarma with tomato salsa or chakalaka served with chips or potato wedges **Vegan/Vegetarian**: Veggie wraps served with chips

OPTION 3 MENU
Breakfast: Muesli, yougurt, Hot porridge matebelle, fresh fruit salad, packed
toasted sandwiches (tomoto,chicken mayo,tuna)1 fruit juice
Lunch : Beef olives with beef gravy, chicken breast fillets with supreme in a
creamed mushroom sauce, Potato mash, cous –cous ,seasonal veg would be
shreddred Caesar garden salad Vegan/Vegetarian: Grilled Hake
Dinner : Samp,Pap,mogodu,cow trotters(Amanqina),Hard body
chicken(umleqwa)
Served with spinach